

## Oxford Area School District Guideline for Self Management of Diabetic Care

The Oxford Area School District recognizes that the American Diabetic Association advocates for student to be independent with self management of diabetic care. With independence comes responsibility. The following statements serve as a guideline when determining if a student has demonstrated consistence responsibility for his/her care and it is felt to be in the student's best interest to monitor and manage blood sugar levels independent of the health room staff.

- Any student new to OASD or newly diagnosed shall perform blood glucose testing in the health room unless other arrangements have been made.
- It will be the responsibility of the certified school nurse to assess the self-management skills of each student with diabetes requesting the self-care option. She will make the ultimate decision as to whether student has demonstrated appropriate level of responsibility and knowledge.
- Students will be allowed to carry all diabetic equipment as needed including, but not limited to: glucometer, testing strips, ketone strips, glucose tablets, snacks and water at all times. Extra supplies will be kept in the health room.
- Students will be allowed unlimited access to a bathroom.
- Ketone testing will be performed in the health room
- Insulin administration involving a syringe may only be administered in the health room.
- Universal precautions shall be strictly adhered to when testing blood glucose levels. Failure to do so will result in disciplinary action.
- Lancets are to be kept with the student or disposed of in the health room. Improper disposal or use of a lancet for any purpose other then the intended use will result in discipline action as per Policy 5480 (weapons).
- Student must check in with the certified nurse at least once a month.
- Current physician orders and parent permission will be on file in the health room and must be renewed each school year.

\_\_\_\_\_ Parent/Guardian \_\_\_\_\_ date

\_\_\_\_\_ Student \_\_\_\_\_ date